



**BC bounce**  
**Winter 2 Session**  
**February 23 to April 30**  
**8 weeks**  
**3 on 3 Session**



Session	Date	Grade Level	Time	Cost
Winter 2 Session Mon - Sat	Feb 23 to Apr 30 Games are short sided games	Kindergarten to Grade 3 COED	4:00 to 5:00	235.00+GST
		Gr 4 to Gr 6 BOYS	5:00 to 6:00	235.00+GST
	4 weeks practice - games 4 weeks Games only	Gr 7 to Gr 9 BOYS	6:00 to 7:00	<b>245.00+GST</b>
Winter 2 Session Wed - Fri	Feb 24 to Apr 29	Kindergarten to Gr 4 COED	4:00 to 5:00	235.00+GST
		Gr 4 to 8 GIRLS  2 divisions Gr 4 to Gr 5 Gr 6 to Gr 8	5:00 to 6:00	235.00+GST
	This session for players wanting to work in a more competitive atmosphere The session will be run more like a team practice	Gr 6 to Gr 8 Middle School BOYS  Players have to have been part of BC Bounce in past programs or play for school or club teams	6:00 to 7:00	<b>245.00+GST</b>
Monday and Wednesday are Instructional Practices with 3 on 3 concepts being taught Friday and Saturday are game days - unless indicated otherwise There is a limit of 40 per session				
The skill session will be in a station format with a different skill taught at each station Each day will start with a skill based warmup Each station will be approximately 10 minutes long Skills will include shooting, layup, dribbling and passing as well as an agility station				
Any Girls wishing to compete in any session with the boys programs can sign up for that particular session				
<b>NOT IN SESSION</b> Spring Break March 14 to March 27 Startup Monday March 28 Easter Weekend Friday, April 15 to Monday April 18				

