

BC Bounce Basketball

PHILOSOPHY

The goal of BC Bounce is to broaden both our recreational league and club team programs, by empowering qualified coaches to inspire kids and create a positive culture around basketball in the Abbotsford and surrounding areas.

Our job as coaches is to transcend basketball lessons into life lessons. As coaches, we want players to become great team players in a successful program which functions as a family and, in doing so, helps them become better people.

Involvement in our teams or rec league must be a positive, constructive, growing experience for players, managers, coaches, parents, and the club in general. In order for this to occur we encourage that all those involved be guided by the following expectations.

- **On Attitude and Sportsmanship:**
Every sport is a game of attitude. The attitude portrayed must not be one of conceit but one of enthusiasm. Enthusiasm should be directed towards good sportsmanship by supporting and encouraging team members and not by trash-talking opponents or arguing with referees. Competition cannot take place without the opposition or the referees therefore, it is imperative to give them the proper respect.
- **On Relationships:**
Teammates, coaches and opposing team members must always be respected. Loyalty, discipline, and sacrifice are encouraged to develop positive character and promote team spirit and unity. Characteristics of egotism, selfishness and jealousy should be repressed.
- **On Winning:**
Athletics are competitive. Our goal is to win. Winning is one way to measure success, but not the only way and certainly not the most important.
- **On General Conduct:**
We are all role models. Being a coach, athlete, parent or spectator brings about new responsibilities that we must accept. Many people will know us by our appearance at games and by observing our actions. Our conduct should always be such that it brings credit to us, our team, our club.

Codes of Conduct

For Parents/Guardians:

We are all role models. Being a parent or spectator brings about new responsibilities. Many people will know us by our appearance at games and by observing our actions. Our conduct should always be such that it brings credit to us, our team and our club.

Parents/Guardians shall:

1. Treat all participants (players, coaches, referees etc.) fairly and with respect.
2. Respect the judgment and interpretation of officials without gesture or argument.
3. Respect the judgment and decisions of coaches without gesture or argument.
4. Deal with concerns privately, and objectively over a period of time.

How to Communicate your objections/thoughts to a coach:

1. Parents/Guardians will not approach coaches immediately after a game to air a grievance. To prevent further escalation and poor communication, parents and team officials must observe a 24-hour "cooling off" period.
2. Contact Mike Lee, BC Bounce Director via email to mikelee@bcbounce.com to voice your concerns.
3. Mike Lee will then determine the next steps.

Appropriate Concerns to Discuss with Coaches:

1. The treatment of your child mentally and physically.
2. Ways to help your child improve.
3. Family concerns that may have an emotional impact on your child and his or her athletics participation.

It is very difficult to accept your child's not playing as much as you may hope. Coaches make judgment decisions based on what they believe to be best for all of the athletes involved. As you can see from the list above, certain things can and should be discussed with your child's coach. Other things, such as the following items, must be left to the discretion of the coach.

Issues Not Appropriate to Discuss with Coaches:

1. Playing time, team strategy, play-calling, line-ups, and substitutions.
2. Other members of your child's team.

For Athletes:

The actions of an athlete are a reflection of themselves, their family, their team and their club. An athlete's involvement in team sports provides opportunities and experiences that are important to the development of a well-rounded individual. However, athletes must remember that their participation is a privilege, not a right.

Athletes shall:

1. Treat Everyone with Respect

- Treat teammates, coaches, opponents, event organizers and spectators with respect
- Respect and accept with dignity the decisions of the officials
- Be generous in winning and gracious in losing
- Ensure that their behavior honors themselves, their family and their club
- Refrain from making public derogatory or demeaning comments about a teammate or coach, oral or written (including electronically).

2. Exercise Self Control at all Times

- Remember that there is no place for drugs or alcohol
- Refrain from the use of foul or profane language
- Refrain from the use of physical force outside of the rules of the game
- Play within the rules and the spirit of the game at all times

ELITE TEAM POLICY

Players on Elite teams are expected to earn their playing time. Our elite teams focus is on competing at the highest level while teaching kids how to win games. Players will not receive equal playing time in every game, and will be asked to push themselves during the practice sessions to earn that time. Coaches will do their best to spread out minutes throughout the season fairly to give ample opportunities for players to show they can perform. We trust our coaches to make these decisions and very much would like our parents involved with club teams to not try to prepare the path for the child, they will sit, playing time won't be equal, they will have to earn it and sometimes it will be mentally tough. This will help prepare the child for the path.