

Frequently Asked Questions

What is the difference between Club and Rec basketball?

The Bounce Basketball League offered at the Abbotsford Recreation Center is for players new to basketball and looking to have fun in an environment that has the players participation in skill sessions on one day and game day sessions on the second day .

The Club session are for player that want to play in a competitive environment against other club team through out BC and the United States. There is a selection process for this program with ID Camps in the Spring - usually March - and in the fall - mid September. Contact the web site for more details.

What size ball should my child use? See article on the web site.

Size 7 Basketball: Ages 14 years and up

Size 6 Basketball: Ages 12 and 13 - most girls from Grade 7 to Grade 12

Size 5 Basketball: Ages 9 to 11

Size 4 Basketball: Ages 5 to 8

How long are the session?

The sessions run for 8 to 10 weeks and three are usually 5 sessions per year. The sessions are linked to Monday and Saturday and Wednesday and Friday. Parents choose the session that best works in their schedule. We offer a variety of skill development and have full court game and 3 on 3 leagues. Our 4th session in the spring is call "THE LEAGUE" and we play games each night and in not always best for beginners.

Where can I register?

Registration take place at the Abbotsford Recreation Center website, by phone or by going to the front desk. Club registration is on line at bcbounce.com website.

